

## **Explaining Psychotherapy to a Child or Adolescent**

### **Non-Fiction**

Giacobello, John. *Everything You Need to Know About Anxiety and Panic Attacks*. Ju 616.8522 Gia.

Hersey, Jane. *Why Can't My Child Behave? Why Can't She Cope? Why Can't He Learn?* Ju 618.928 Her.

Rashkin, Rachel. *Feeling Better : A Kid's Books About Therapy*. Ju 618.92 Ras.

Williams, Chris. *One Incredible Dog!: Lady!* Ju 636.7 Wil.

## **Explaining Psychiatric Medication for Children**

### **Fiction for Children and Teens**

Gantos, Jack. *Joey Pigza Swallowed the Key*. Ju F Gan. In this first book about Joey Pigza, Gantos' well-meaning but wired character struggles to pay attention and control his mood swings. The series continues.